

Abnormal Psychology

Course Outcome Summary

Course Information

Organization	Madison Area Technical College
Developers	Elizabeth Lindner, Ph.D.
Development Date	4/2/1999
Revised Date	9/20/2000
Course Number	20-809-237
Instructional Level	College Parallel
Instructional Area	Psychology
Division	Arts and Sciences
Total Credits	3

Description

Covers definition of abnormal behavior, assessment techniques, and descriptions of psychological disorders. Examines theoretical perspectives (biological, psychological, sociocultural) and approaches to treating these disorders.

Target Population

Students who wish to transfer to a four-year college. Program students who must satisfy the requirement for Abnormal Psychology.

Types of Instruction

Instruction Type	Contact Hours	Credits
Classroom Presentation	54	3

Textbooks

---. *Information on the current textbook is available from syllabi filed in the Arts and Science office.*

Prerequisites

Introduction to Psychology (20-809-231)

Exit Learning Outcomes

Core Abilities

- A. Communication
- B. Critical thinking

Competencies

Unit 1. Introduction to Abnormal Psychology

A. Analyze the past and present trends in Abnormal Psychology

You will demonstrate your competence:

- A.1. by completing all assigned readings
- A.2. by meeting instructor's criteria on quizzes and exams
- A.3. by contributing in small group and class discussions
- A.4. by participating in the completion of group projects and in-class assignments

A.5. by submitting written assignments on time

Your performance will be successful when:

- A.1. you summarize abnormal psychology
- A.2. you summarize the term deviance
- A.3. you summarize the term distress
- A.4. you summarize the term dysfunction
- A.5. you summarize the term anger
- A.6. you analyze the case study research method of abnormal psychology
- A.7. you analyze the correctional research method of abnormal psychology
- A.8. you analyze the experimental research method of abnormal psychology
- A.9. you analyze the Stone Age cultures historical views of abnormal psychology
- A.10. you analyze the societies of ancient Greece and Rome historical views of abnormal psychology
- A.11. you analyze the Europe in the Middle Ages historical views of abnormal
- A.12. you analyze the Renaissance historical views of abnormal psychology
- A.13. you analyze the nineteenth century historical views of abnormal psychology

B. Articulate the various models of abnormality

You will demonstrate your competence:

- B.1. by completing all assigned readings
- B.2. by meeting instructor's criteria on quizzes and exams
- B.3. by contributing in small group and class discussions
- B.4. by participating in the completion of group projects and in-class assignments
- B.5. by submitting written assignments on time

Your performance will be successful when:

- B.1. you summarize the Biological model
- B.2. you summarize the Psychodynamic model
- B.3. you summarize the Behavioral model
- B.4. you summarize the Cognitive model
- B.5. you summarize the Humanistic-existential model
- B.6. you summarize the Socio-cultural model
- B.7. you compare the various models of abnormality
- B.8. you contrast the various models of abnormality
- B.9. you analyze the relationship among these models

C. Analyze the procedures of assessment, diagnosis, and treatment

You will demonstrate your competence:

- C.1. by completing all assigned readings
- C.2. by meeting instructor's criteria on quizzes and exams
- C.3. by contributing in small group and class discussions
- C.4. by participating in the completion of group projects and in-class assignments
- C.5. by submitting written assignments on time

Your performance will be successful when:

- C.1. you summarize clinical assessment
- C.2. you analyze the role of the clinical interview in clinical assessment
- C.3. you analyze the role of the tests in clinical assessment
- C.4. you analyze the role of the observations in clinical assessment
- C.5. you summarize the axis approach of the DSM series
- C.6. you examine the general features of DSM
- C.7. you summarize the classification of disorders

- C.8. you analyze the dangers of diagnosing and labeling in classifying mental disorders
- C.9. you analyze types of treatments for mental disorders
- C.10. you analyze effectiveness of treatments for mental disorders

Unit 2. Problems of Emotion and Mood

A. Analyze the problems generalized Anxiety Disorders and Phobias

You will demonstrate your competence:

- A.1. by completing all assigned readings
- A.2. by meeting instructor's criteria on quizzes and exams
- A.3. by contributing in small group and class discussions
- A.4. by participating in the completion of group projects and in-class assignments
- A.5. by submitting written assignments on time

Your performance will be successful when:

- A.1. you distinguish between fear and anxiety
- A.2. you examine the anxiety disorders
- A.3. you summarize how common the disorders are
- A.4. you analyze phobia
- A.5. you examine agoraphobia
- A.6. you examine social phobia
- A.7. you examine specific phobia
- A.8. you analyze treatments for generalized anxiety disorders and phobias

B. Examine panic, obsessive-compulsive, and stress disorders

You will demonstrate your competence:

- B.1. by completing all assigned readings
- B.2. by meeting instructor's criteria on quizzes and exams
- B.3. by contributing in small group and class discussions
- B.4. by participating in the completion of group projects and in-class assignments
- B.5. by submitting written assignments on time

Your performance will be successful when:

- B.1. you examine features of panic disorders
- B.2. you analyze the biological explanation and therapies of this disorder
- B.3. you examine the cognitive explanation and therapies of this disorder
- B.4. you distinguish between obsessions and compulsions
- B.5. you analyze stress disorder
- B.6. you analyze posttraumatic stress disorder
- B.7. you summarize typical symptoms of stress disorder
- B.8. you summarize typical symptoms of posttraumatic stress disorder
- B.9. you provide psychological explanations for stress disorder
- B.10. you provide psychological explanations for posttraumatic stress disorder
- B.11. you provide treatments for stress disorders
- B.12. you provide treatments for posttraumatic stress disorders
- B.13. you examine abuse in terms of stress disorders
- B.14. you examine victimization in terms of stress disorders

C. Examine mood disorders

You will demonstrate your competence:

- C.1. by completing all assigned readings
- C.2. by meeting instructor's criteria on quizzes and exams
- C.3. by contributing in small group and class discussions
- C.4. by participating in the completion of group projects and in-class assignments

C.5. by submitting written assignments on time

Your performance will be successful when:

C.1. you compare depression and mania while discussing the symptoms of each disorder

C.2. you contrast unipolar depression and bipolar disorders while discussing the symptoms of each disorder

C.3. you examine the role of recent life events in unipolar depression

C.4. you examine the biological perspectives of depression

C.5. you examine the psychological perspectives of depression

C.6. you examine the socio-cultural perspectives of depression

C.7. you examine the possible roles of neurotransmitters in unipolar depression

D. Examine the problem of suicide

You will demonstrate your competence:

D.1. by completing all assigned readings

D.2. by meeting instructor's criteria on quizzes and exams

D.3. by contributing in small group and class discussions

D.4. by participating in the completion of group projects and in-class assignments

D.5. by submitting written assignments on time

Your performance will be successful when:

D.1. you analyze suicide

D.2. you summarize how common it is

D.3. you examine effects of cultural factors on suicide rates

D.4. you examine effects of race on suicide rates

D.5. you examine effects of sex on suicide rates

D.6. you examine the common precipitating factors in suicide

D.7. you examine how mood changes, hopelessness, and other cognitive factors are related to suicide

D.8. you identify common predictors of suicide

D.9. you explains the role of biological factors in suicide, including the role of serotonin

D.10. you identify the characteristics of suicide prevention programs

Unit 3. Problems of Mind and Body

A. Examine the relationship between psychosocial factors and physical disorders

You will demonstrate your competence:

A.1. by completing all assigned readings

A.2. by meeting instructor's criteria on quizzes and exams

A.3. by contributing in small group and class discussions

A.4. by participating in the completion of group projects and in-class assignments

A.5. by submitting written assignments on time

Your performance will be successful when:

A.1. you examine the criteria for diagnosing Munchausen syndrome factitious disorder

A.2. you examine the criteria for diagnosing Munchausen syndrome by proxy factitious disorder

A.3. you analyze conversion somatoform disorders

A.4. you analyze somatization somatoform disorders

A.5. you analyze pain somatoform disorders

A.6. you explain how physicians distinguish between hysterical somatoform disorders and true medical problems

A.7. you compare hypochondriasis and body dysmorphic disorder

A.8. you contrast hypochondriasis and body dysmorphic disorder

A.9. you examine the term "psychophysiological disorders"

- A.10. you examine how perceptions of control affect immune system
- A.11. you examine how perceptions of personality affect immune system
- A.12. you examine how perceptions of mood affect immune system
- A.13. you examine how perceptions of social support affect immune system

B. Explores the dynamics of eating disorders

You will demonstrate your competence:

- B.1. by completing all assigned readings
- B.2. by meeting instructor's criteria on quizzes and exams
- B.3. by contributing in small group and class discussions
- B.4. by participating in the completion of group projects and in-class assignments
- B.5. by submitting written assignments on time

Your performance will be successful when:

- B.1. you summarize the central features of anorexia nervosa
- B.2. you summarize the central features of bulimia
- B.3. you examine the age groups in which anorexia and bulimia are most common
- B.4. you compare the various behavioral patterns of anorexia and bulimia
- B.5. you contrast the various behavioral patterns of anorexia and bulimia
- B.6. you examine medical problems that can be caused by eating disorders
- B.7. you explain how socio-cultural pressures can place a person at risk for an eating disorder
- B.8. you explain how family environment can place a person at risk for an eating disorder
- B.9. you explain how ego and cognitive disturbances can place a person at risk for an eating disorder
- B.10. you explain how mood disorders can place a person at risk for an eating disorder
- B.11. you explain how biological factors can place a person at risk for an eating disorder
- B.12. you examine treatments for anorexia nervosa
- B.13. you examine treatments for bulimia nervosa

C. Analyze the dynamics of substance abuse disorders

You will demonstrate your competence:

- C.1. by completing all assigned readings
- C.2. by meeting instructor's criteria on quizzes and exams
- C.3. by contributing in small group and class discussions
- C.4. by participating in the completion of group projects and in-class assignments
- C.5. by submitting written assignments on time

Your performance will be successful when:

- C.1. you explain the term "tolerance"
- C.2. you give examples of "tolerance"
- C.3. you explain the terms "withdrawal symptoms"
- C.4. you give examples of "withdrawal symptoms"
- C.5. you examine commonly used depressants
- C.6. you explain the effects of depressants on the central nervous system
- C.7. you distinguish between two major sedative-hypnotic drugs, anti-anxiety drugs and barbiturates
- C.8. you explain the effects of these drugs on the central nervous system
- C.9. you identify which drugs are opioids
- C.10. you explain the effects of these drugs on the central nervous system
- C.11. you examine the typical effects of cocaine on the central nervous system
- C.12. you contrast the effects of cocaine with the effects of the other stimulants
- C.13. you examine the general effects of the hallucinogens
- C.14. you examine effects of cannabis use

- C.15. you compare the psychodynamic explanations of substance abuse
- C.16. you compare the behavioral explanations of substance abuse
- C.17. you compare the biological explanations of substance abuse
- C.18. you compare the socio-cultural explanations of substance abuse
- C.19. you contrast the psychodynamic explanations of substance abuse
- C.20. you contrast the behavioral explanations of substance abuse
- C.21. you contrast the biological explanations of substance abuse
- C.22. you contrast the socio-cultural explanations of substance abuse
- C.23. you examine the psychodynamic therapies
- C.24. you examine the behavioral therapies
- C.25. you examine the biological therapies
- C.26. you examine the socio-cultural therapies

D. Analyze the dynamics of the sexual disorders and gender identity disorder

You will demonstrate your competence:

- D.1. by completing all assigned readings
- D.2. by meeting instructor's criteria on quizzes and exams
- D.3. by contributing in small group and class discussions
- D.4. by participating in the completion of group projects and in-class assignments
- D.5. by submitting written assignments on time

Your performance will be successful when:

- D.1. you examine the four phases of the sexual response cycle
- D.2. you explain the hypoactive sexual desire dysfunction of the desire phase
- D.3. you explain the sexual aversion dysfunction of the desire phase
- D.4. you examine male erectile disorder dysfunction of the arousal phase
- D.5. you examine female arousal disorder of the arousal phase
- D.6. you analyze the orgasmic sexual dysfunction of premature ejaculation
- D.7. you analyze the orgasmic sexual dysfunction of male orgasmic disorder
- D.8. you analyze the orgasmic sexual dysfunction of female orgasmic disorder
- D.9. you summarize paraphilias
- D.10. you summarize fetishism
- D.11. you analyze behavioral treatment for paraphilias
- D.12. you analyze behavioral treatment for fetishism
- D.13. you compare transvestic fetishism, exhibitionism, voyeurism, frotteurism, and pedophilia
- D.14. you contrast transvestic fetishism, exhibitionism, voyeurism, frotteurism, and pedophilia
- D.15. you compare sexual masochism and sexual sadism
- D.16. you contrast sexual masochism and sexual sadism
- D.17. you analyze gender identity disorders
- D.18. you analyze the therapies for sexual dysfunction

Unit 4. Problems of Integration

A. Explore the condition of schizophrenia

You will demonstrate your competence:

- A.1. by completing all assigned readings
- A.2. by meeting instructor's criteria on quizzes and exams
- A.3. by contributing in small group and class discussions
- A.4. by participating in the completion of group projects and in-class assignments
- A.5. by submitting written assignments on time

Your performance will be successful when:

- A.1. you analyze the positive symptoms of schizophrenia

- A.2. you analyze the negative symptoms of schizophrenia
- A.3. you identify the nature of the thought disorder in schizophrenia
- A.4. you analyze the various types of schizophrenia
- A.5. you summarize the models of the etiology and treatment of schizophrenia

B. Explore disorders of memory and other cognitive functions

You will demonstrate your competence:

- B.1. by completing all assigned readings
- B.2. by meeting instructor's criteria on quizzes and exams
- B.3. by contributing in small group and class discussions
- B.4. by participating in the completion of group projects and in-class assignments
- B.5. by submitting written assignments on time

Your performance will be successful when:

- B.1. you analyze the general characteristics of dissociative disorders
- B.2. you analyze dissociative amnesia
- B.3. you summarize localized amnesia
- B.4. you summarize selective amnesia
- B.5. you summarize generalized amnesia
- B.6. you summarize continuous amnesia
- B.7. you analyze dissociative fugue
- B.8. you analyze dissociative identity disorder or multiple personality disorder
- B.9. you discuss the psychodynamic explanation of dissociative disorder
- B.10. you discuss the behavioral explanation of dissociative disorder
- B.11. you discuss the state-dependent learning explanation of dissociative disorder
- B.12. you discuss the self-hypnosis explanation of dissociative disorder
- B.13. you distinguish between retrograde amnesia and anterograde amnesia
- B.14. you examine dementias
- B.15. you examine the dementias treatments available

Unit 5. Life-Span Problems

A. Examine the personality disorders

You will demonstrate your competence:

- A.1. by completing all assigned readings
- A.2. by meeting instructor's criteria on quizzes and exams
- A.3. by contributing in small group and class discussions
- A.4. by participating in the completion of group projects and in-class assignments
- A.5. by submitting written assignments on time

Your performance will be successful when:

- A.1. you summarize the textbooks' explanation regarding the "clusters" of the personality disorders
- A.2. you identify criteria for each of the personality disorders
- A.3. you answer questions regarding treatment options

B. Articulate the disorders of childhood and old age

You will demonstrate your competence:

- B.1. by completing all assigned readings
- B.2. by meeting instructor's criteria on quizzes and exams
- B.3. by contributing in small group and class discussions
- B.4. by participating in the completion of group projects and in-class assignments
- B.5. by submitting written assignments on time

Your performance will be successful when:

- B.1. you examine the prevalence of mental disorders among children and adolescents

- B.2. you summarize persistent childhood anxiety disorders
- B.3. you summarize childhood depression
- B.4. you summarize conduct disorder
- B.5. you examine the prevalence of attention-deficit hyperactivity disorder (ADHD)
- B.6. you examine the symptoms of attention-deficit hyperactivity disorder (ADHD)
- B.7. you examine the causes of attention-deficit hyperactivity disorder (ADHD)
- B.8. you examine the treatments of attention-deficit hyperactivity disorder (ADHD)
- B.9. you analyzes the elimination disorders
- B.10. you examine possible treatments of the elimination disorders
- B.11. you analyzes the symptoms of autistic disorder
- B.12. you examine the various etiologies and treatments that have been proposed for autistic disorder
- B.13. you identifies the prevalence of the various types of mental retardation
- B.14. you examine the environmental factors that contribute to mental retardation
- B.15. you examine the genetic factors that contribute to mental retardation
- B.16. you examine biological factors that contribute to mental retardation
- B.17. you evaluates treatments and therapies for individuals with mental retardation
- B.18. you analyzes depression among the elderly
- B.19. you analyzes anxiety among the elderly
- B.20. you examine appropriate treatment for depression among the elderly
- B.21. you examine appropriate treatment for anxiety among the elderly
- B.22. you distinguishes between dementia and delirium
- B.23. you summarize information about substance-use disorders among the elderly
- B.24. you examine the causes of Alzheimer's disease
- B.25. you examine the treatments for Alzheimer's disease
- B.26. you examine the main factors in the mental health of the elderly